



# Scoil Aoife CNS Newsletter

December 2021

## Update from Green Schools

This term we are delighted to have set up our new Green Schools Committee. Each new committee member was elected by their class and we now have fantastic and enthusiastic group of students from 1<sup>st</sup> class to 6<sup>th</sup> class, ready to start working towards achieving Scoil Aoife's Green Flag for Litter and Waste.

The Green School Committee Members are:

1<sup>st</sup> class: Abdullah and Jack

4<sup>th</sup> class: Nisha and Mason

2<sup>nd</sup> class: Ziva and Anastasia

5<sup>th</sup> class: Fatima and Allie

3<sup>rd</sup> class: Bella and Beatrice

6<sup>th</sup> class: Shammah and Adam

Already, each committee member has been speaking to their class about litter and waste and are designing posters to help us all remember what goes in which bin.

We have a lot of work ahead us but we look forward to keeping you updated on all our progress throughout the year.



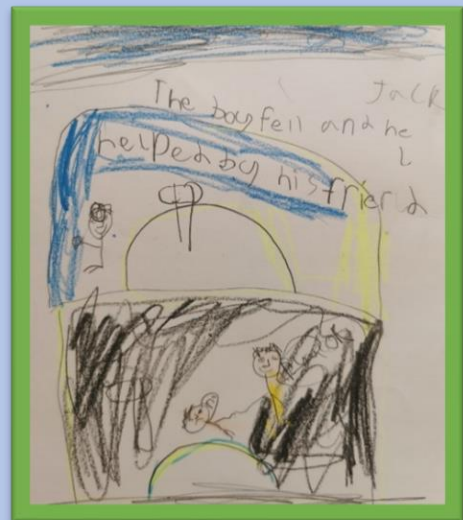
## News from 2<sup>nd</sup> Class

Room 15 have been learning all about empathy. Empathy is all about being kind to everyone. when someone is lonely its a very good thing to ask them if they are okay. Empathy is about showing understanding to others. You should always show respect to others and negotiate.

Let's show empathy to everyone in the world everyday! 😊



By Vivaan



By Jack



## More news from 2<sup>nd</sup> class

In Room 16, we do a H.I.I.T workout every single day. We do this workout to keep our bodies healthy and fit. We also do it to improve our mental health. We do some tricep dips, chair steps, lunges, table push ups, squats, and jumping jacks. We listen to a spotify playlist when working out. We do each exercise for one minute and take a ten second break between exercises. We think everyone should try a workout so that we get an active flag for the school!



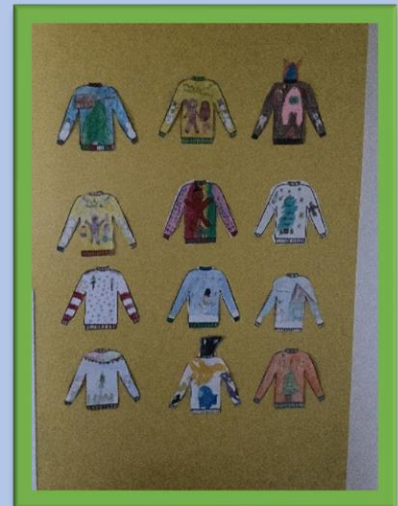
## Mathletics in 3rd Class

Room 14 have started using the Mathletics programme. Mathletics is an educational website for children to improve their maths. We all have our own code to log in on the school tablets, or any device at home. We complete our assigned tasks first. Then, we can go to “explore” or “play”. In “play”, we can challenge the computer, or another player anywhere in the world! So far, we are really enjoying it. We prefer to use the tablets rather than our copies. We also think it is more interactive than the book.



# Winter Art from around Scoil Aoife!









## Important Dates for 2022

December 22<sup>nd</sup>: School closes for winter break (12 noon)

January 6<sup>th</sup>: School returns after winter break

January 14<sup>th</sup>: School closure for staff training

January 17<sup>th</sup>-21<sup>st</sup>: Literacy Week

February 21<sup>st</sup> – 25<sup>th</sup>: Midterm Break

March 7<sup>th</sup>-11<sup>th</sup>: Seachtain na Gaeilge

April 7<sup>th</sup>: Intercultural Day

April 8<sup>th</sup>: School closes for spring/Easter break (12 noon)

May 2<sup>nd</sup> and 3<sup>rd</sup>: School Closed

June 13<sup>th</sup>-17<sup>th</sup>: Active Week

June 3<sup>rd</sup> & 6<sup>th</sup>: School Closed June 30<sup>th</sup>: School closes for Summer break (12 noon)

**Remember to check out our twitter page @Aoifecns to see regular updates from life in Scoil Aoife CNS! 😊**

We would like to wish everyone in the Scoil Aoife community a wonderful winter break and a safe, healthy new year. See you all in 2022!



## COVID-19 LATEST INFORMATION & ADVICE

Dear Parents/ Guardians,

the public health advice is that the future trajectory of COVID-19 remains uncertain. The 3 steps everyone can take to help reduce the spread of the virus are:

1. Get vaccinated and get your booster when you are called.
2. If you have symptoms of COVID-19, get a PCR test, self-isolate until you get your result and then follow the public health advice.
3. In every situation, reduce your risk of catching or transmitting COVID-19 over the coming weeks by:
  - prioritising close friends and family and being conscious of vulnerable people (including yourself) in your circle
  - meeting outdoors where possible and opening windows and doors to let fresh air in if meeting indoors
  - wearing a mask, keeping your distance, and cleaning your hands frequently
  - using antigen tests appropriately

### **Family and social gatherings**

Visits to private homes should be kept to a maximum of 3 other households (that is, 4 households in total).

Recognising the need for flexibility depending on individual circumstances, people should limit their contacts throughout the period.

In noting this advice, the government acknowledged that in assessing how to apply flexibility, households will likely have regard to the re-formation of family households over the Christmas period and those who belong to household support bubbles.

In particular, it is recognised there are specific days and dates (25, 26 and 31 December) in the calendar which are important social and cultural occasions where families will likely choose to come together in larger household numbers.

### Guidance for children

Parents should aim to reduce socialisation indoors in respect of children aged 12 and younger. Parents are being asked to prioritise their children's activities by:

- minimising indoor community gatherings and indoor mixed household gatherings
- reducing the risk of exposure to the virus by opting for outdoor activities instead of indoor
- reducing the number of children involved in any particular activity

Subject to review in mid-February 2022, the wearing of face masks/coverings is recommended for children:

- aged 9 years and over on public transport, in retail and other indoor public settings as currently required for those aged 13 and over
- in third class and above in primary school (guidance on this has been issued by the Department of Education)

Finally, **A very BIG thank you** to all our students and to the families for helping us stay safe and open during this difficult time. **Your support and cooperation is deeply appreciated!** 😊